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## WALK SAFE! TIPS FOR KIDS

- **USE A CROSSWALK**

**AND THE CROSSING GUARDS:**

Always cross at corners or at a marked crosswalk where drivers expect to see you. Cross with the crossing guard if your school has one.

- **LOOK BEFORE YOU CROSS:**

Look left, right, and left again before crossing a street. Make eye contact with drivers before stepping off of the sidewalk.

- **BE VISIBLE:**

Wear reflective or bright colored clothing and walk with one or more walking buddy if possible.

- **WALK WITH CARE:**

If there is no sidewalk, walk facing traffic as far to the side of the road as possible, but do not weave in and out of parked cars.

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## BIKE SAFE! TIPS FOR KIDS

- **WEAR A HELMET:**

Wear a helmet every time you ride. Check that your helmet fits you properly and is not cracked or broken.

- **RIDE PREDICTABLY:**

Look for vehicles and signal to drivers which direction you plan to go before making turns. Ride in a straight line. Avoid the door zone, about 3 feet away from parked cars.

- **RIDE WITH TRAFFIC**

Ride on the right, in the direction of traffic. Obey all signs and signals.

- **LOCK YOUR BIKE:**

When you get to school, lock your bike to the bike rack. Lock both the front wheel and the bike frame to the rack.

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## SAFETY TIPS FOR PARENTS & GUARDIANS

- **RESPECT THE ZONE :**

Slow down in school zones. The safe speed may be less than 25 miles per hour.

- **SET A GOOD EXAMPLE:**

Follow instructions from crossing guards.

- **WATCH FOR CHILDREN:**

Stop for pedestrians in crosswalks and at unmarked intersections. Look for children who may be crossing mid-block too.

- **BE AWARE AND ALERT:**

Set aside distractions and keep an eye out for unexpected movements by children.

- **GO WITH THE FLOW:**

Follow your school's drop-off and pick-up procedures. Pull to the curb rather than letting kids out in the street.

- **AVOID UNSAFE MANEUVERS, SUCH AS MID-BLOCK U-TURNS**

- **RESPECT THE NEIGHBORHOOD:**

Park in legal spaces and avoid double parking or blocking neighbors' driveways. Consider carpooling or walking/biking to school.

